

## Path to Inner Healing

<p><b>1</b></p> <p><b>CONFESS</b></p> <p>Sin Wounds Hurts Pain</p>	<p><b>2</b></p> <p><b>REPENT</b></p> <p>Specific Sins Unforgiveness Anger Bitterness Unbelief</p>	<p><b>3</b></p> <p><b>RENOUNCE</b></p> <p>Turn Away From It</p>
<p><b>4</b></p> <p><b>HEAL HURTS</b></p> <p>By Forgiving and Blessing</p>	<p><b>5</b></p> <p><b>CUT OFF</b></p> <p>Every "Soul Tie"</p>	<p><b>6</b></p> <p><b>SET NEW PATTERNS</b></p> <p>Filled with God's Spirit Word of God Prayer Transformed Mind and Heart</p>

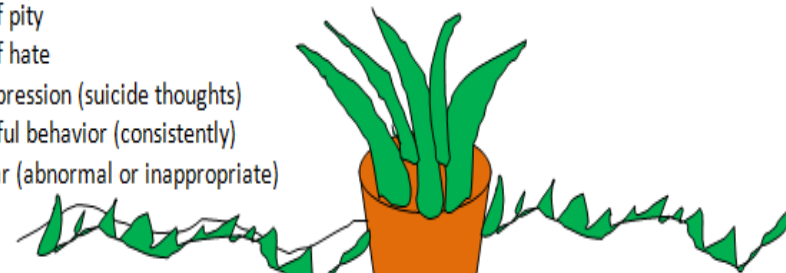
### We continue in freedom by:

- Taking all our negative thoughts captive to Christ. **2 Corinthians 10:3-5**
- Standing firm on God's promises, reminding ourselves moment by moment that Jesus has paid for our freedom. **Galatians 5:1; Romans 8:1-2**
- Stay away from anything that will wrap us up in bondage again. **Galatians 5:16-25.**

## Identifying Roots of Brokenness

### Visible symptoms of hurts and sickness: (above ground)

- Sickness (physical and emotional)
- Addictions
- Anger, Pride, Bitterness
- Self pity
- Self hate
- Depression (suicide thoughts)
- Sinful behavior (consistently)
- Fear (abnormal or inappropriate)



### Invisible/Root Causes: (below ground)

- Sin
- Ancestral ties
- Bondages
- Lies
- Damaged soul/spirit

### Causes of a damaged soul / spirit

- An ungodly spirit has entered and taken abode. **(Matthew 12:43- 45)**
- Lack of nurture that God intends
- Rejection
- Pronouncement of curses
- Human expectations
- Abuse
- Accident and trauma
- Loss
- Bereavement
- Our own sin

Neither medication treatments in the West, nor meditation practices of the East, will heal spiritual and soul sickness.

Healing for our deep wounds and bondages is found only in Jesus Christ **(Isaiah 61:1-3)**.

# Path to Inner Healing

<p><b>1</b></p> <p><b>CONFESS</b></p> <p>Sin Wounds Hurts Pain</p>	<p><b>2</b></p> <p><b>REPENT</b></p> <p>Specific Sins Unforgiveness Anger Bitterness Unbelief</p>	<p><b>3</b></p> <p><b>RENOUNCE</b></p> <p>Turn Away From It</p>
<p><b>4</b></p> <p><b>HEAL HURTS</b></p> <p>By Forgiving and Blessing</p>	<p><b>5</b></p> <p><b>CUT OFF</b></p> <p>Every "Soul Tie" with unclean spirit</p>	<p><b>6</b></p> <p><b>SET NEW PATTERNS</b></p> <p>Filled with God's Spirit Word of God Prayer Transformed Mind and Heart</p>

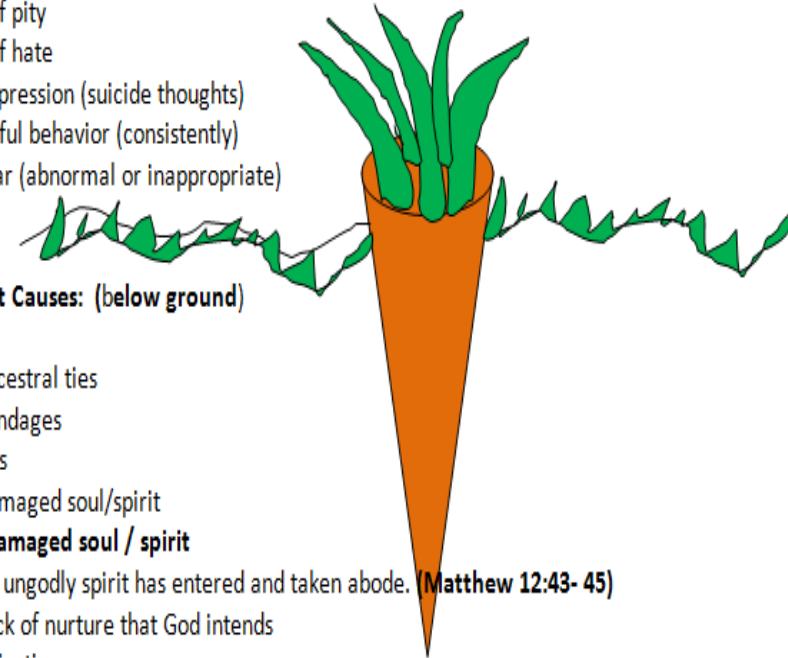
**We continue in freedom by:**

- Taking all our negative thoughts captive to Christ. **2 Corinthians 10:3-5**
- Standing firm on God's promises, reminding ourselves moment by moment that Jesus has paid for our freedom. **Galatians 5:1; Romans 8:1-2**
- Stay away from anything that will wrap us up in bondage again. **Galatians 5:16-25.**

# Identifying Roots of Brokenness

**Visible symptoms of hurts and sickness: (above ground)**

- Sickness (physical and emotional)
- Addictions
- Anger, Pride, Bitterness
- Self pity
- Self hate
- Depression (suicide thoughts)
- Sinful behavior (consistently)
- Fear (abnormal or inappropriate)



**Invisible/Root Causes: (below ground)**

- Sin
- Ancestral ties
- Bondages
- Lies
- Damaged soul/spirit

**Causes of a damaged soul / spirit**

- An ungodly spirit has entered and taken abode. **(Matthew 12:43- 45)**
- Lack of nurture that God intends
- Rejection
- Pronouncement of curses
- Human expectations
- Abuse
- Accident and trauma
- Loss
- Bereavement
- Our own sin

Neither medication treatments in the West, nor meditation practices of the East, will heal spiritual and soul sickness.

Healing for our deep wounds and bondages is found only in Jesus Christ **(Isaiah 61:1-3).**